



Dear patients,

Thank you for your inquiry for treatment, we look forward to working as a team in understanding the needs of your wellbeing.

Please note –

Past medical history:

Homoeopathy treats the organ as part of the person as a whole. As a result, we need a complete and detailed medical history from the patient, especially at the first interview. Please fill out the case-record booklet – this helps us maintain complete records of all our patients. The booklet can be collected from the clinic or downloaded from the following link (Please click on the file titled “Case Record Booklet_pdf”) - <http://www.homoeopathyconsultants.com/#!/downloads/c1awo>.

New case consultation:

After having filled and submitted the case record booklet, please set up an appointment with our receptionist Monica Cardoz on 022 23611338 or 022 23643774. Emails for appointment related queries can be directed to appointments.shradhdhacures@gmail.com.

Please set aside 90 minutes for the first consultation. We prefer to have an unhurried, detailed interview for a deeper case review. All consultations by appointment only.

Follow-ups:

To book an appointment for a follow-up please call:

(022) 23611338 or (022) 23643774

(Monday to Friday -10:30 am to 2:30 pm)

Email: appointments.shradhdhacures@gmail.com

Please set aside 15-20 minutes per person for a follow-up. Please note all patients are seen by appointment only.

In case the consultant is busy in the mornings, please leave your contact number with the compounder or receptionist and we will get back to you.

Please do not insist on the consultant seeing you out of queue. The consultant may need to call a patient out of turn if the patient needs urgent attention.

Email follow-ups:

While travelling or for minor concerns, email follow-ups are welcome. Please mention the name of the patient in the follow-up if more than one member of the family is being treated with us! It is good to maintain a single email thread for the complaints, since it makes references to past emails simple. However, if the symptoms demand more attention, one will be required to follow-up in person.

Medication:

Homoeopathic medicines (in any form – liquid, powder or pills) should be taken dry on tongue. The mouth should be clean with no food, candy or toothpaste residue, etc.

No eating or drinking 15 minutes before and after taking the medicines.

Please do not touch the medicines. When taking the homeopathic remedy we recommend that you do not touch the pills with the fingers. One can tip the prescribed pills into the lid and then take them.

There are no restrictions in your diet. Foods/chemicals that trigger an allergic reaction should be avoided initially during treatment. Please notify the consultant about the same during the first interview and report progress on the same with continuing treatment.

Acute symptoms:

It is a myth that homoeopathy does not show quick results during an acute problem. Please get in touch with us during acute illnesses, so that a suitable remedy can be prescribed. The Homoeopathic remedy helps the body to build stronger immune responses, reduce frequency of symptoms and improve over-all health. Therefore, it is even more important to contact us for acute symptoms.

Avoid applying any medicated cream or ointments on skin eruptions. This will be a temporary solution at best and can aggravate the problem at worst. If you develop any skin trouble, please report it to the consultant.

Vaccinations:

Please discuss this with the consultant. We see some children react badly to vaccines, while specific situations may need a vaccination from a GOOD pharmaceutical company (for example, in case of a bite/s from a stray animal). In general, Glaxo-Smith-Kline vaccinations show a lower rate of long-term side effects. However, the immune response of every child is unique and all concerns should be discussed with the consultant.

Working hours:

Mon – Thurs: 9:30 am to 1:00 pm / 2:45 pm to 5:30 pm

Friday: 4:15 pm to 7:15 pm

Saturday: 9:30 am – 12:30 noon

Sunday: Closed

Courier of medication:

Medicines can be couriered to patients outside Mumbai or if one is immobile (even within Mumbai). We prefer to meet the patient in person for a follow-up and then renew medication if needed.

Discontinuing medication:

Please do not stop treatment without instructions from the doctor even though you may feel well. Discuss your concerns openly with the consultant so that the best course of action can be mediated.

Children should be children!

Please make sure the kids with you don't damage the property of clinic. They are welcome to use the coloring books and other play material available in the waiting room!

Food and drink:

We don't encourage eating snacks in the waiting room. Please help us maintain cleanliness on the premises. Water for drinking is available near the receptionist's desk. Empty glasses can be discarded in the bin provided.

Privacy of other patients:

Please do not open the doctor's cabin door without prior permission. Every patient has a right to their time and privacy with the consultant.

Cell phones:

Please switch off your cell phone (or use the 'silent mode') before you enter the clinic, in doctor's cabin and maintain silence in the waiting area. Speaking loudly on the cell phone is disturbing to others waiting for their appointments – the sound also disturbs the cabins closest to the waiting area.

Myth:

Patients who doubt the integrity of Homoeopathic medicines can get them analyzed in a lab using Liebermann Buchard Test.

(One or two odd, much-publicized cases of contamination in the past may not be worth the fear.)

Confidentiality:

We wish to promote health and understanding within the family unit. We hold great respect for the privacy of adults as well as children. Please do not demand that the consultant share information from a child or teen with their parent. It is always preferable that the child shares his own story with the parent when he feels there is understanding and trust.

Workshops & seminars:

The clinic conducts seminars for patient awareness, therapeutic lectures and workshops in meditative processes. Please get in touch with the front desk to add your contact details to our mailing list.

We also like to recommend workshops by other health centers, speakers and organizations – we look forward to sharing these with you!

Queries:

We look forward to discussing any/all concerns!

Thank you for your co-operation!

Team @ Shradhdha Cures